

# Northwestern Medicine Aphasia Center at Marianjoy



Aphasia is a complicated communication disorder that can make it hard to navigate daily life. At Northwestern Medicine Marianjoy Rehabilitation Hospital, we know that practice and therapy can help people with aphasia restore their language abilities and build confidence. That's why we created the Northwestern Medicine Aphasia Center at Marianjoy.

Led by a speech-language pathologist with expertise in language disorders, small group sessions offer a comfortable and supportive environment where you can practice your skills through real-life activities. Virtual sessions are also available.

## **Aphasia Center club activities**

Designed to help you improve your language and communication skills, the Aphasia Center has sessions that are eight weeks long.

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During a session, you can engage in different group activities including:

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- Aphasia Book Club
  - Game Group
  - Technology Group
  - Conversation Group
  - Music Group
  - Writing Group
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# Northwestern Medicine Aphasia Center at Marianjoy (continued)

## Session schedules

Each eight-week enrollment period is called a session. A session includes three hours of treatment time, once a week. We offer different scheduling options; you will use that schedule for the whole session.

## Individual sessions

We offer one-on-one sessions with a speech therapist. You can participate in person or virtually.

## Primary Progressive Aphasia (PPA) Group

We offer a group program specific to PPA for education, support and practicing communication skills. These services are for people with PPA and their care partners.

## Virtual Groups

Through virtual group programming, you can get group services from the comfort of your home.

## Northwestern Medicine Intensive Comprehensive Aphasia Program (ICAP)

The ICAP involves four weeks of intensive speech therapy. It aims to help people with aphasia maximize their ability to communicate.

You can enroll full or part time. You will work with skilled speech-language pathologists in one-on-one and group sessions for multiple hours each day, four days a week.

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## Aphasia Center rates

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Aphasia Center fees are not covered by insurance.

The membership fee for each eight-week session covers all materials, except for the book needed for Book Club.

To learn more about membership fees, please call 630.909.8562.

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## Learn more and register

If you would like to register or have questions, please contact Michelle Armour, MS, CCC-SLP, at 630.909.8562 (TTY: 711).

