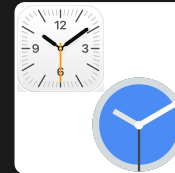


Technology and Supports for Aphasia

Lindsay M. Giewont, M.S., CCC-SLP
Michael Jankowski

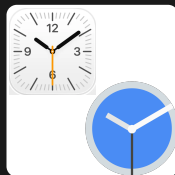
October 7, 2026

Communication Challenge



EXAMPLE:
My phone alarm goes off, but by the time I look at it, I don't remember what I set it for.

FEATURED App/Resource/Accessibility Feature

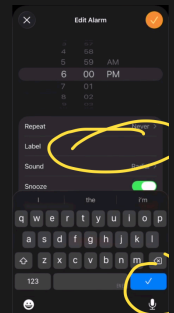


- Naming (labeling) alarms
- Built into the Clock app — iPhone and Android
- Free — no extra app needed

iPhone: Naming Your Alarms



- Open the Clock app → tap Alarm
- Tap + to add a new alarm, or tap an existing one to edit it
- Tap Label
- Type what the alarm is for — for example:
 - "Medication"
 - "Pick Up Kids"
 - "Therapy Appointment"
- Tap Save



Tip: a clear label means you know what to do the moment the alarm goes off.

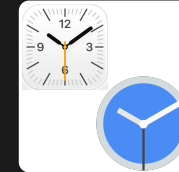
Android: Naming Your Alarms



- Open the Clock app → tap Alarm
- Tap + to add a new alarm (or if you want to label an existing, click the existing)
- Tap the "Alarm Name" field:
- Type what the alarm is for — for example:
 - "Medication"
 - "Pick Up Kids"
 - "Therapy Appointment"
- Tap Save (may be a checkmark)

Exact menu names can vary slightly by phone brand (Samsung, Google Pixel, etc).

Demo



Using labeled alarms to know what each one is for, at a glance
(iPhone + Android)

Communication Challenge



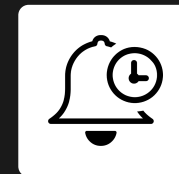
EXAMPLE:

I forget appointments and tasks unless something reminds me right when I need to act on them.

(ANDROID VERSION)

*iPhone / Apple version reviewed in September

FEATURED App/Resource/Accessibility Feature



- Reminders feature — Google Calendar app (Android)
- Built in, free, and syncs across your devices

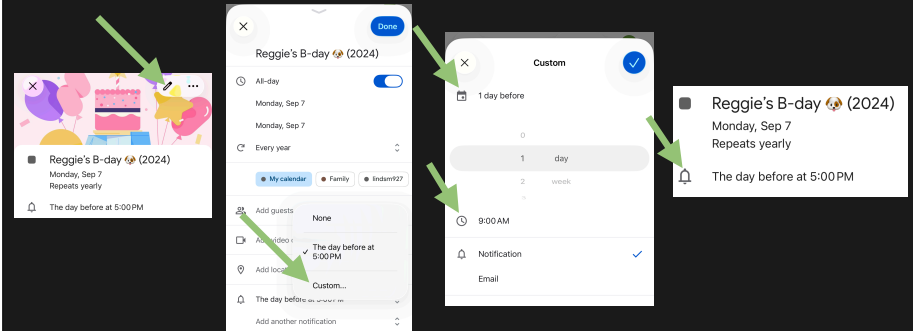
Setting a Reminder (Google Calendar - Android)



- Open the Google Calendar app
- Tap the + button (or, choose an existing event)
- If entering a new event, type a title — for example: "Call the pharmacy"
- Choose the date and time
- Scroll down to find the "bell" icon
- Select preference (5 minutes before, 1 day before, or "custom")
 - "custom" allows you to choose using a "notification" (on phone) or "as email" (sends you an email)
- Choose a repeat option if needed (daily, weekly, etc.)
- Tap Save

Setting a Reminder (Google Calendar - iPhone)

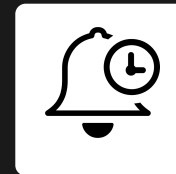
- Can also use for any appointment or event you have on the calendar
- Set one or MORE (if you want to be reminded more than once)



Why Reminders Help

- A notification pops up right on the phone screen at the time you chose
- You can mark it Done, or snooze it for later
- It can repeat automatically, so you don't have to reset it every time
- Works alongside regular calendar events — no extra app needed

Demo



Setting a reminder in Google Calendar for an upcoming appointment
(iPhone + Android)

Communication Challenge



EXAMPLE:

In an emergency or at the ER, it's hard to explain my symptoms quickly when every second counts.

FEATURED App/Resource/Accessibility Feature



- MedConcerns App — review
- Emergency SOS button (built into most/all smartphones)
- Pinned Note with easily accessible info.
- Medical ID

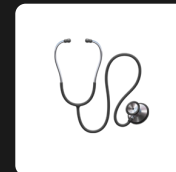
MedConcerns App (Recap)



- A tool to help you share medical symptoms and concerns — created by an SLP and a physician
- Pick from pictures and icons, confirm each answer, and see a summary at the end
- Use it BEFORE a visit to prepare, or DURING a visit to reduce stress and time pressure
- Cost: \$74.99 (designed for iPad; web-based version newly available)

Questions or support: Hilary Sample — hilary@medconcerns.com

Demo



Review of MedConcerns App
Setting up a "Pinned Note"
Setting up Medical ID (iPhone)
Setting up Medical ID (Android)*

**will address next month*