## **Group Conversation Therapy Helps People with Aphasia**

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An accessible version of:

The benefits of conversation group treatment for individuals with chronic aphasia: Updated evidence from a multi-site randomized controlled trial on measures of language and communication

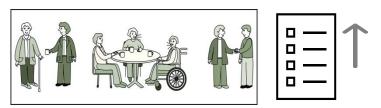
Aphasia means people have trouble talking or understanding after a stroke.



Aphasia can make it hard to have conversations.



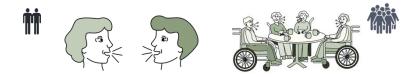
Getting help having conversations is important for people with aphasia



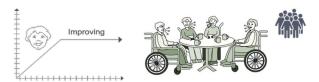
Practicing conversations in a group might help people feel less lonely and improve communication



In this study, 104 people practiced conversations in pairs or large groups



Some **improvements** in **language skills** were seen, especially for those who practiced in **large groups** 



The study shows <u>Conversation Group Treatment</u> might be a **good** and **affordable** way to **help** people with aphasia



