

I have primary progressive aphasia (PPA). Talking and writing are difficult for me. This book helps me to communicate. You can help by being patient and asking questions.

This book was created by Dr. Gary Robinaugh and Dr. Maya Henry at UT Austin's ARTLab in support of individuals with PPA/PPAOS. Pages are examples of the different topics, formats, and content that can be included in a personalized communication book. Please feel free to use any of these pages directly or as a reference for creating your own books!

Fred Johnson

123 Example Rd.
Texas City, TX 12345
(123) 123-1234

Emergency Contacts:

James Johnson	(111) 222-3333
Naomi Johnson	(444) 555-6666

Tell me about it



- What **type** of thing is this?
- What do you **do** with this?
- What does this **look like**?
- What are your **memories** of this?

What is the **first letter or sound**?

Gesture it



Look it up



COOKING



Blender



Microplane



Fold



Sauté



Grill



Julia Childs

COOKING



KitchenAid



Spatula



Julienne



Parmesan



Herb Garden



Johnny

FAMILY



Angel is a **radiologist**.
He and **Nicole** live in
Omaha with their children
Yvette and Liam.



Lucas is an **English teacher**.
He and **Paula** live in
Kansas City.

PETS



Fido is a **golden retriever**.
He loves to play catch.



Lucy is a **tabby** cat. She is
three years old and loves to
be pet.

GROCERIES



Milk



Yogurt



Bread



Apples



Bananas



Lettuce



Carrots



Pasta



Deli Meat



Toilet Paper



Cereal



Peanut Butter



Potatoes



Soda



Cookies

PLACES TO GO



Costco



H-E-B



The Park



Home



Gold's Gym



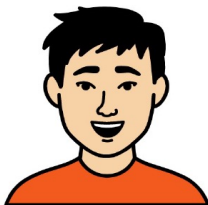
Downtown

I AM FEELING...

sad



happy



angry



tired



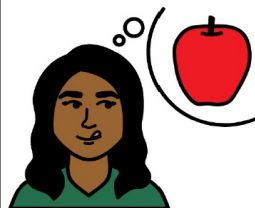
frustrated



anxious



hungry



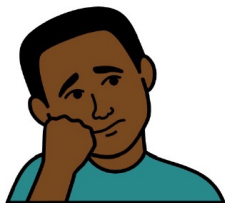
sick



relaxed



bored



excited



pain

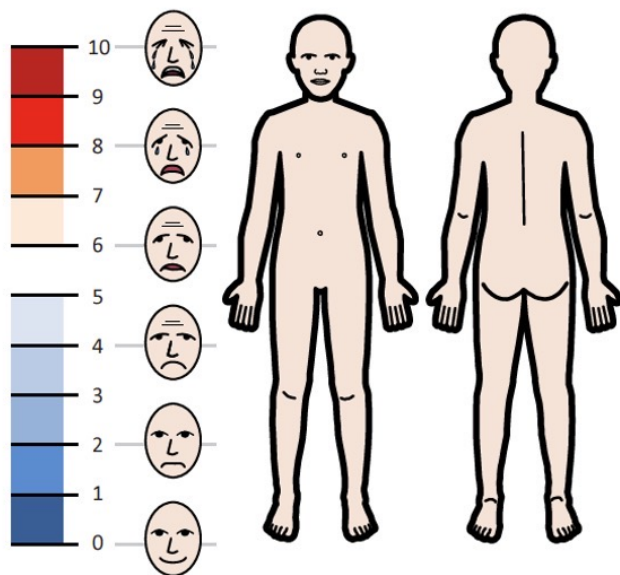




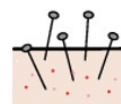
MAYBE



PAIN LEVEL



What type of pain?



pins and
needles



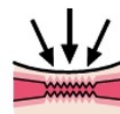
numb



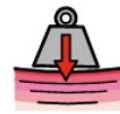
dull / throb



sharp



crushing



heavy





Months

January

1 2 3 4 5 6 7 8 9 10 11 12

February

1 2 3 4 5 6 7 8 9 10 11 12

March

1 2 3 4 5 6 7 8 9 10 11 12

April

1 2 3 4 5 6 7 8 9 10 11 12

May

1 2 3 4 5 6 7 8 9 10 11 12

June

1 2 3 4 5 6 7 8 9 10 11 12

July

1 2 3 4 5 6 7 8 9 10 11 12

August

1 2 3 4 5 6 7 8 9 10 11 12

September

1 2 3 4 5 6 7 8 9 10 11 12

October

1 2 3 4 5 6 7 8 9 10 11 12

November

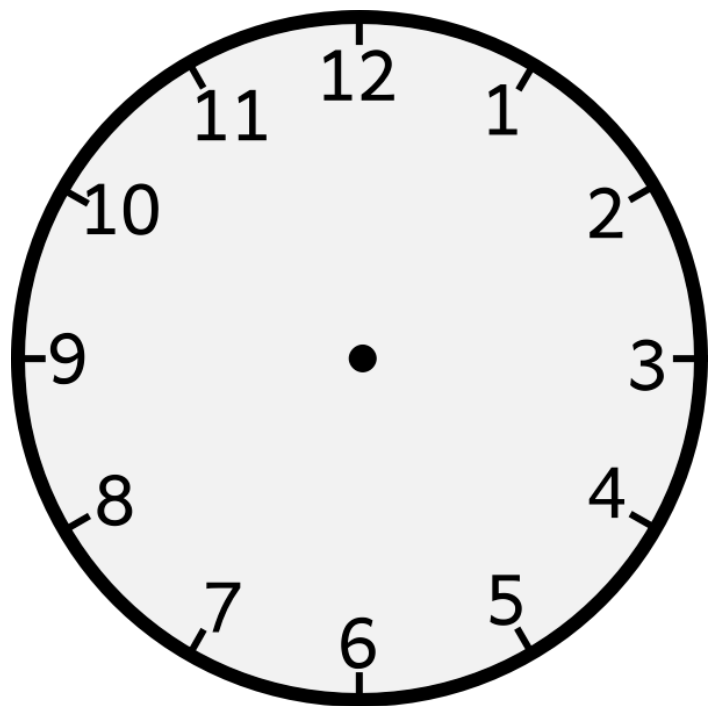
1 2 3 4 5 6 7 8 9 10 11 12

December

1 2 3 4 5 6 7 8 9 10 11 12

Days of the Week

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7



AM/PM

:05	:35
:10	:40
:15	:45
:20	:50
:25	:55
:30	:00

A B C D E F G H I

J K L M N O P Q R

S T U V W X Y Z ?

1 2 3 4 5 6 7 8 9 0

1	One	11	Eleven	30	Thirty
2	Two	12	Twelve	40	Forty
3	Three	13	Thirteen	50	Fifty
4	Four	14	Fourteen	60	Sixty
5	Five	15	Fifteen	70	Seventy
6	Six	16	Sixteen	80	Eighty
7	Seven	17	Seventeen	90	Ninety
8	Eight	18	Eighteen	100	Hundred
9	Nine	19	Nineteen	1000	Thousand
10	Ten	20	Twenty		

REPAIRING CONVERSATION

I am talking about a...

New Topic

Same Topic

What happened?



I can't think of
the word



The wrong
word came out



I lost my train
of thought

REPAIRING CONVERSATION

I am...

changing the
subject



talking about
my emotions



explaining what
happened



telling you
a problem



asking a
question



asking for
something



ASKING QUESTIONS

WHAT?

clarify or label



WHERE?

place



WHEN?

day or time



WHO?

person or people



WHY?

reason



HOW?

tools or steps





CHIPOTLE

MEXICAN GRILL



BURRITO



BURRITO BOWL



LIFESTYLE BOWL **NEW**

[ORDER →](#)



QUESADILLA **NEW**



SALAD



TACOS

CLOTHING



Coat



Hat

T-Shirt



Shorts

Shirt



Dress
Pants



Dress
Shoes

Suit



Tie



Glasses



Sunglasses



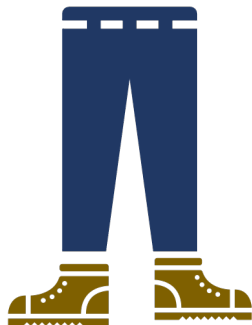
Socks



Sweater



Jeans



Shoes



Sandals

CLOTHING

Coat



Hat

Skirt



Dress



Glasses



Sunglasses



Socks



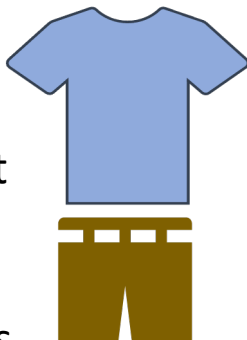
Heels



Sandals

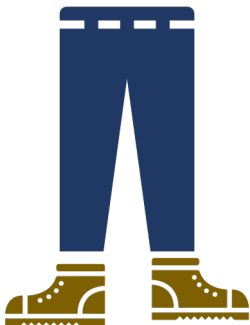


Shirt



Shorts

Jeans



Shoes

Sweater



FAMILY TREE

John and Karen

Uncle & Aunt

James and Mary

Parents

Robert and
Patricia

Sister

John and
Jennifer

My Wife and I

Richard and
Linda

Brother

Samantha

Niece

Kim and Tom

Niece

David

Son

Kristen

Daughter

MEDICAL AND SERVICE PEOPLE

Primary Doctor	
Neurologist	
Speech Therapist	
Dentist	