

NOW ENROLLING



Harnessing the Healing Power of Horses: An Interprofessional Approach to Post-Stroke Aphasia and Motor Recovery

WHAT IS THE STUDY?

How **speech therapists** and **physical therapists** can work together in nature or with horses to provide therapy that will improve your physical movement and your cognitive linguistic function.

4 WEEKS OF FREE THERAPY

WHAT IS THE TREATMENT?

- You will be randomly assigned to receive treatment with horses OR in nature.
- 1.5-hours per session, 2 times per week, for 4 weeks.
- Treatment will focus on goals co-created with you and the research team.

WHO CAN PARTICIPATE?

Stroke survivors who are **18-75 years old** and have motor difficulties and cognitive-linguistic difficulties including aphasia, who can:

- walk independently or with a cane
- sit on a horse for ~30 minutes
- have normal or corrected-to-normal hearing and vision
- follow simple verbal instructions in English



TREATMENT LOCATIONS

- **University of Montana**
- **Trotting Horse Therapeutic Riding in Missoula**

FIND OUT IF YOU OR YOUR LOVED ONE IS ELIGIBLE

SCAN ME



\$500 stipend plus travel support

WHAT WILL I BE ASKED TO DO?

- Attend all sessions.
- Complete cognitive-linguistic, motor, and quality of life measures before and after the 4 weeks of therapy.
- Rate progress toward goals, enjoyment, and satisfaction with the therapy.



PALS

Pediatric Rehabilitation & Active Lifestyles Lab



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Contact Us

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