



# Week 3: Living Life with Aphasia

Relationships. Roles. Daily routines. Staying connected.

Aphasia is part of your story—not the whole story. In Week 3, we explore how relationships, roles, and everyday routines can support connection and meaning.

Care partners will find hope and practical ideas for listening, communicating, and reconnecting through the moments that matter most.



**STRONGER  
RELATIONSHIPS**



**MEANINGFUL  
ROUTINES**



**EVERYDAY  
CONNECTION**



**TUESDAY, 9/15/2026**  
**12 NOON ET**  
**11 AM CT**  
**10 AM MT**  
**9 AM PT**

**SAVE THE DATE**

**[APHASIA.ORG/EVENTS](https://aphasia.org/events)**