



Conversations That Connect



Practical Skills. Trusted Information. Hope.

A Learning Series for Care Partners

A supportive education series for care partners after an aphasia diagnosis. Communication may feel different, but you don't have to figure it out alone.

Each session combines trusted information, practical communication strategies, discussion, and hope – so you can feel more confident today, and prepared for tomorrow.



Series



Understanding Aphasia



Conversations That Work



Living Life with Aphasia



Caring for the Care Partner



Moving Forward Together



Save the Dates

Tuesdays in September

September 1, 8, 15, 22, 29

12pm–1pm ET
11am–12pm CT
10am–11am MT
9am–10am PT



<https://aphasia.org/events>



All are welcome!

WELCOME

Conversations that Connect

aphasia.ORG

WEEK 1: UNDERSTANDING APHASIA

National Aphasia Association

LEARNING SERIES
Conversations That Connect

Week 1: Understanding Aphasia

What is it? And What is it NOT?

Understanding what happened.
Why communication has changed.
What to expect. Finding hope.

- Aphasia diagnosis changes life for the whole family.
- Communication may feel different.
- Many care partners feel overwhelmed, isolated, and unsure where to begin.
- This session helps build confidence and reconnect.

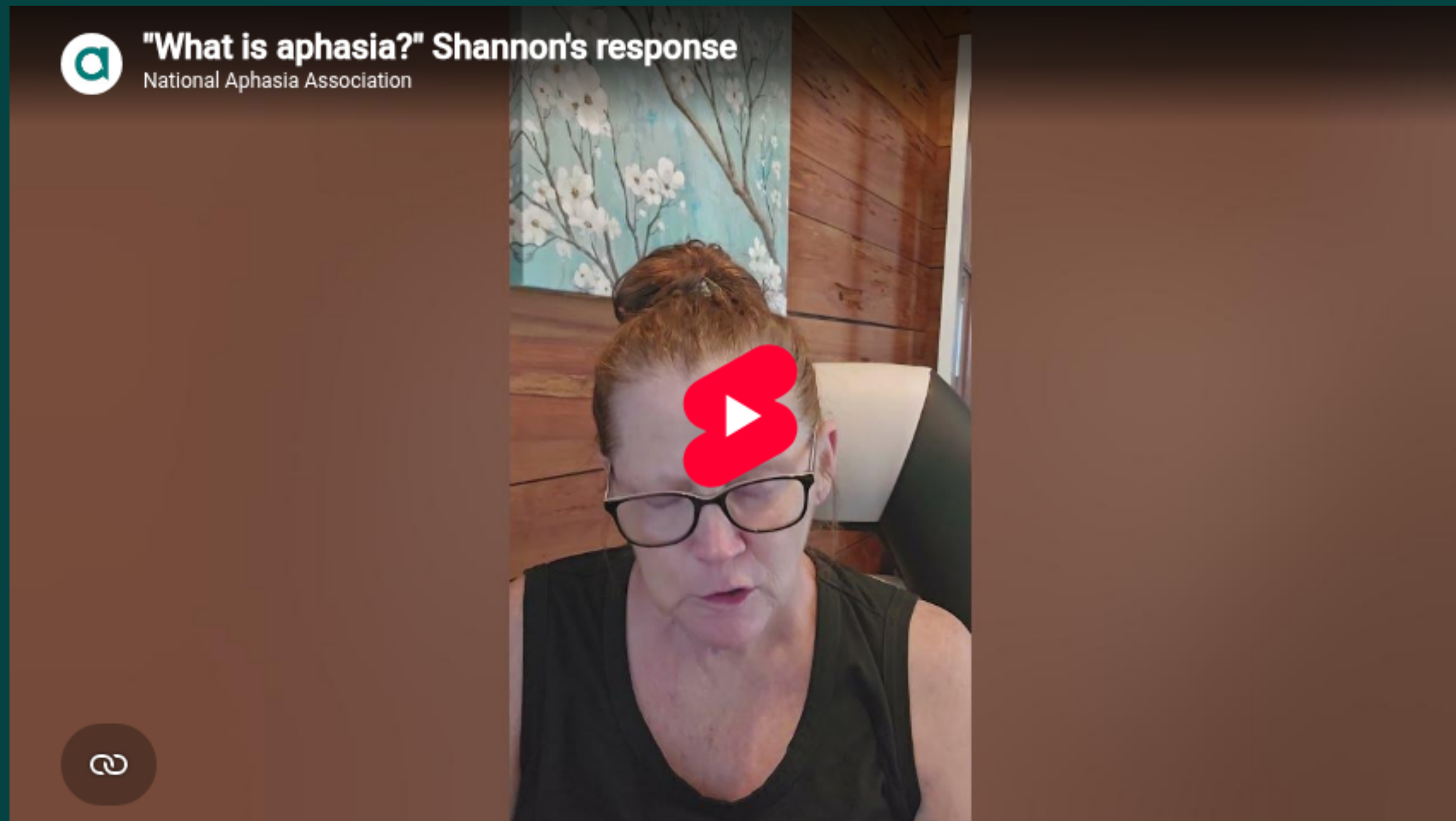
TUESDAY, 9/1/2026
12NOON ET /

SAVE THE DATE
[APHASIA.ORG/EVENTS](https://aphasia.org/events)

What it IS

What it is
NOT

WHAT IS APHASIA?



WHAT IS APHASIA?



OFFICIALLY...



- Aphasia is an acquired communication disorder that affects a person's ability to speak, understand, read, and write.
 - It is most commonly caused by stroke, but can also result from traumatic brain injury, brain tumors, or other neurological conditions.
 - Aphasia does not affect intelligence — people with aphasia know what they want to say, but have difficulty expressing it or understanding others. This disconnect can lead to frustration, social isolation, and reduced quality of life.
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KEYS...



Preparing for a Conversation: Reduce background noise, face the person directly, and speak at a natural pace. Use simple sentences, allow extra time for responses, and avoid finishing their sentences.



Active Listening Strategies: Make eye contact, nod to show understanding, and confirm meaning by gently repeating back what was said. Be patient, stay calm, and never pretend to understand if you did not.



QUESTIONS

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Who? What? When?



LET'S TALK ABOUT IT...

