



Now It's Your Turn to Speak Out



What is it?

Choose a resource



Who is it for?

Share it your way



How can you use it?

Make a difference

Where Do These Resources Come From?



NAA Website

aphasia.org



NAA YouTube

Videos, stories & education



**NAA Ambassador
Program**

Approved resources

Today, we'll highlight a few resources and simple ways to use them.

Educational Aphasia Handouts (English & Spanish)

What is Aphasia?



Aphasia (pronounced Uh-FAY-zuh) is a **communication disorder** caused by a stroke, brain injury, or, more rarely, a condition called Primary Progressive Aphasia (PPA)

It affects a person's ability to use language. Therefore, a person may have challenges **talking, understanding others, reading, writing, and using numbers.**

Aphasia, alone, does not impact intelligence

People with aphasia still know what they want to say and can make their own decisions.

What is Aphasia? video



Aphasia Statistics

2,000,000+
people in US alone have Aphasia

33%
have never heard the term "Aphasia"

The **tips** below offer guidance for communicating with clarity, patience, and respect —helping individuals with aphasia stay engaged and connected in everyday life.

**QUICK TIPS**

-  Speak slowly and clearly
-  Use visual aids and gestures
-  Ask yes/no or choice questions
-  Confirm what you understood
-  Praise effort, include them fully



for more tips!

¿Qué es la AFASIA?

La afasia es la dificultad para hablar y/o para comprender el lenguaje como consecuencia de una lesión cerebral.

Causas de la afasia

Alteración en la circulación de la sangre en el cerebro: embolia, infarto, hemorragia

Tumores, parásitos, o infecciones cerebrales

Un fuerte golpe en la cabeza: traumatismo craneoencefálico

Epilepsia: alteración de la actividad eléctrica cerebral



EN LA AFASIA SE AFECTA EL LENGUAJE, NO LA INTELIGENCIA

LA TERAPIA AYUDA

Sus objetivos:

- comunicación funcional
- readaptación
- aprovechar las habilidades conservadas

Las habilidades de lenguaje que pueden afectarse son:

- expresión
- comprensión
- repetición
- denominación
- lectura
- escritura

La afasia es un trastorno adquirido

El término afasia no debe aplicarse a niños que presentan retraso en la adquisición del lenguaje.

80% de los casos de AFASIA son resultado de un infarto cerebral

20-40% de las personas que han tenido un infarto cerebral tienen AFASIA



¡Las personas con AFASIA pueden mejorar su lenguaje y capacidad de comunicación incluso años después de la lesión cerebral!

¿Quieres más información?

¡Te la damos con gusto!

www.afiacontacto.com

Thank you to NAA Ambassador, Paola, and her therapy clinic, Afasia Contacto, for translating resources in Spanish for the Ambassador Program

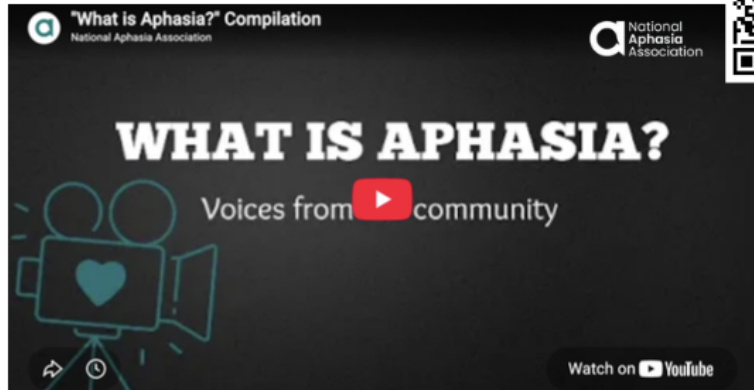
"WHAT IS APHASIA?"

Voices from the Aphasia Community

Aphasia is a language problem caused by damage to the brain. It makes it hard to speak, understand, read, or write. It most often occurs due to stroke or another type of brain injury, but can also occur as part of a neurodegenerative disease.

There are many places you can learn about aphasia. Perhaps the best source is hearing from people with aphasia themselves!

Featured on the Ask the Expert Webinar, 2026 Aphasia Awareness Month



A new, personalized script template

Maybe you already have a response ready when people ask you what aphasia is. Or, maybe you have an aphasia ID card that you share. For those who may want some support with their response, check out the customizable template using the link below.

Try it here: <https://tally.so/r/QK8Qa7>

What is aphasia? personalized script

Hi, my name is

I have aphasia. Aphasia is a language disorder that affects my ability to (choose all that apply):

- ☐ speak
- ☐ find the words I want to say
- ☐ understand what others are saying
- ☐ write
- ☐ read
- ☐ use numbers

I have aphasia as a result of:

- ☐ stroke
- ☐ brain injury
- ☐ Primary progressive aphasia (PPA)
- ☐ tumor

PREVIEW



**How can you help me
to share my story?**

A new, personalized script template

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Try it here: <https://tally.so/r/QK8Qa7>



What is aphasia? personalized script

Hi, my name is

I have aphasia. Aphasia is a language disorder that affects my ability to (choose all that apply)

A speak

B find the words I want to say

C understand what others are saying

D write

E read

F use numbers

Hi, my name is

James

I have aphasia. Aphasia is a language disorder that affects my ability to (choose all that apply)

A speak

B find the words I want to say

C understand what others are saying

D write

E read

F use numbers

I have aphasia as a result of

A stroke

B brain injury

C Primary progressive aphasia (PPA)

D tumor

Here is your script:

Hi, my name is James .

Aphasia is a language disorder that affects my ability to speak, write

I have aphasia as a result of a stroke.

I am good at talking to other people because it helps me .

It is challenging for me to write .

It helps me when people are patient, use short sentences .

More than 2 million people in the US have aphasia but many people still do not know what aphasia is., Aphasia affects everyone differently..

You can use this to tell someone about aphasia.

Your voice matters.

Personalized scripts support sharing your aphasia story.

Who can support you in creating your script?

Care partners and SLPs

How can you practice?

- Use script training to practice and build confidence
 - ☐ Clinician/partner can model it.
 - ☐ Say in unison (together).
 - ☐ Fade out partner support gradually as independence grows.
 - ☐ Use multimodal supports including written cues, phone accessibility features, or an AAC device.

GOAL: Share your story with someone new at an aphasia group, in the community, etc.





What Does Aphasia Feel Like?

For many people, it can be hard to imagine
what it would be like to have aphasia.

The **Voices of Hope for Aphasia – Aphasia Simulations** offers interactive activities
that may help you understand what it might be like to live with aphasia.

The simulations were developed by Dr. Jackie Hinckley (current NAA Board Chair and Executive
Director Emeritus of Voices of Hope for Aphasia) and Keen Research, are intended to provide a
different perspective on the issues encountered by a person with a language disorder.

With this perspective comes, perhaps, greater understanding and empathy.

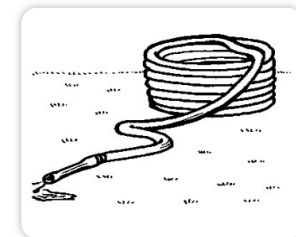
Aphasia Simulations

[INTRODUCTION](#)[WHAT IS APHASIA?](#)[LISTENING](#)[READING](#)[WRITING](#)[SPEAKING](#)[Overview](#)[Simulation 1](#)[Simulation 2](#)[Simulation 3](#)[Communication Tips](#)

Simulating Phonological and Semantic Errors

Read the instruction and click on the picture that corresponds to the instruction.

Click on... ne\$.e.





- Build awareness, knowledge, empathy, and new perspectives
- Can be used to train family, caregivers, healthcare providers, students, and community members
- Useful in classrooms, support groups, community events, and professional trainings





Ambassador Program Resource

Me and My Aphasia PowerPoint template



Me and My Aphasia

An Ambassador's Story



Why Am I Here?

My name is _____.

I am a **stroke survivor**.
I have **aphasia**.

I am an **ambassador**.
I want people to **understand aphasia**.

Today, I will share my story.

(INSERT "My Story Video OR pictures of your journey to support your story")



Aphasia is different for every person



Credit: aphasia.org



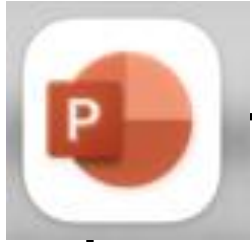
Many Resources on the National Aphasia Association's Website



♥ SUPPORT • INFORMATION • COMMUNITY • YOU ARE NOT ALONE



aphasia.org



Me and My Aphasia

An Ambassador's Story

Who can use it?

- ✓ **People with aphasia** — to share their own story in their own way
- ✓ **Care partners** — to support with gathering photos, ideas, or technology
- ✓ **SLPs or aphasia group leaders** — to support personalization and practice
- ✓ **Ambassadors** — to share their experience and raise awareness

How can I use it?

- ☐ Personalize it & Practice your story
- ☐ Speak out in your community

NAA Ambassador Engagement Menu

NAA Ambassador Engagement Menu

Choose what feels right for you. You can do a little or a lot.
Every action matters.

Everyday Actions

Share one aphasia post on social media



Wear an aphasia t-shirt or pin



Add 'NAA Ambassador' to your email signature



Show someone your Aphasia ID card



Share your story with one new person



Display an aphasia magnet



Community Actions

Share handouts

- Doctor's office
- Therapy clinic
- Libraries
- Businesses



Attend an aphasia group in-person or online



<https://aphasia.org/places/category/support-groups/>

Schedule a talk at a university, hospital, organization or community center



Share a video of your story



Talk about aphasia with someone new

Aphasia is a loss of language but not intellect...



Use Basecamp resources to support

Participate in a health fair or advocacy event



SCAN ME!





National Aphasia Association

Continuing the Conversation



National Aphasia Association

Join the NAA Community Hub Facebook Page!



NAA's Community Hub

Private group · 557 members



James Jett

June 10 · 🌐

Gnome One Fights Alone

Aphasia Awareness

Another T-shirt day!



...



James Jett

June 6, 2025 · 🌐

Lexington Blowfish Baseball Game Night ! I brought me my Aphasia T-shirt and took my picture with Blowie!

[#aphasia](#)

[#juneaphasiamonth](#)... See more



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Aphasia Identification Cards

Carrying a personalized Aphasia ID card can make everyday interactions
- and emergencies - easier. Here are some recommended options.



National Aphasia Association & American Stroke Association

aphasia.org/aphasia-id-card-and-other-identification



Lingraphica

lingraphica.com/printable-aphasia-id-card



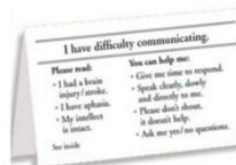
Aphasia Recovery Connection

aphasiarecoveryconnection.org/wallet-cards



Aphasia Center of California

aphasiacenter.net/wp-content/uploads/2025/06/ACC-Aphasia-ID-card.pdf



Aphasia Institute

aphasia.ca/shop/aphasia-identification-cards-50-pack

Wearable Aphasia Identification Options



medicalalert.org/medical-conditions/aphasia/

roadid.com/pages/medical-id-bracelets

**Where can I find
aphasia swag?**

Check out the NAA website!

Aphasia Marketplace

Explore the NAA Aphasia Marketplace for shirts, gifts, and other items that help raise awareness and support the aphasia community.



Mesh Back Cap
\$23.00



Brim Hat
\$28.00



Five-Panel Twill Cap
\$21.00



15oz Insulated Coffee Mug
with Slider Lid



32 oz. Stainless Steel
Water Bottle



Thor 40oz Eco-Friendly
Straw Tumbler - Laser
\$25.00



Insulated Can Cozy
\$9.00



Dry Tote
\$22.00



NAA Mountain Lodge
Blanket
\$75.00



NAA Horizontal Logo-UMB-
White
\$21.00



Port Authority Signature
Heavy Twill Crossback
Apron
\$35.00



NAA Horizontal Logo-
CHY-White
\$34.00

Shop the Marketplace:
<https://aphasia.org/aphasia-marketplace/>



Living Day to Day

with aphasia

Life doesn't pause for aphasia—
and everyday moments like going to the store, visiting the doctor, or attending
a family event can feel overwhelming without the right support.

NAA Everyday Activity Guides

Each guide includes clear expectations, preparation tips, supported communication strategies, NAA partner resources, and caregiver suggestions, all in an accessible, consistent format.

Whether you are navigating an everyday outing or a more stressful situation, these resources can help reduce frustration and support greater independence.

 Going to the Doctor	 Going Shopping	 Going to the Bank
 Using Transportation and Getting a Ride	 Ordering at a Restaurant	 Attending a Family Event
 Visiting a Place of Worship	 Going to the Library	 Communicating by Phone or Video Call
 Experiencing an Emergency or Medical Situation	 Parenting with Aphasia	 Print Situational Wallet Cards



Who can use it?

People with aphasia
SLPs & clinics
Aphasia groups
Care partners & families



Example: Aphasia Group Activity

Goal: Practice making phone calls

People in our USC Aphasia Group said they wanted to practice phone calls.

We used the Everyday Living Guide to:

- ☐ Talk about different phone-call situations
- ☐ Practice what to say
- ☐ Use communication supports
- ☐ Share ideas and strategies with the group

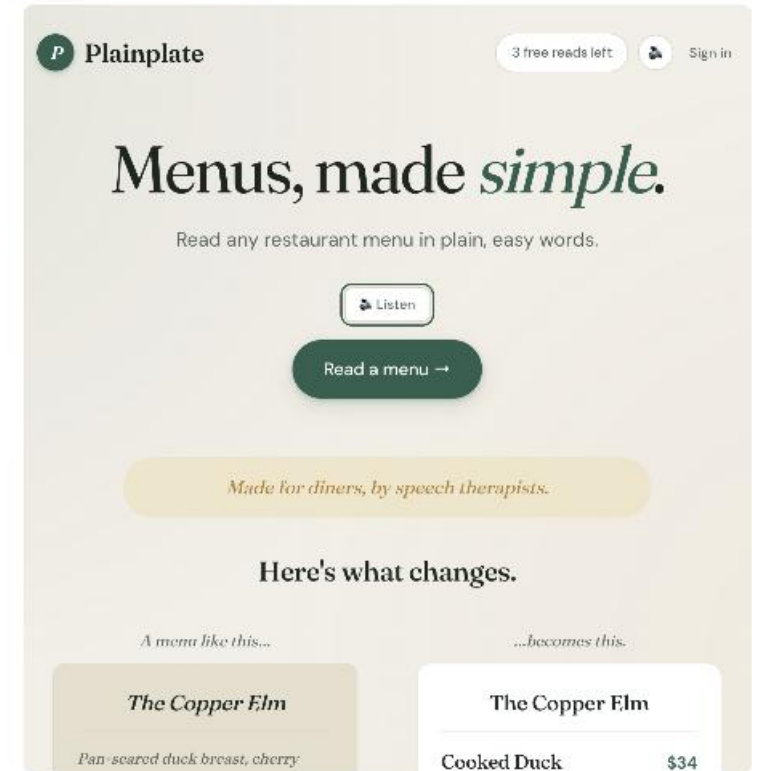
Tools & Technology Resource Catalog

The NAA's Tools & Technology page includes a catalog with workbooks and apps designed to assist individuals living with aphasia, care partners and SLPs.

Designed to support independence in daily living, engagement and recovery.



EXAMPLE TOOL:



PlainPlate

Using the tool at restaurants

What kind of menu?

Pick one. We'll do the rest.

 Listen



Paste the words
Copy from anywhere



Photo or PDF
Works for any menu



Paste a link
Works for some sites

<https://www.thirstyfellow.com/menus>

Paste a link to a restaurant's website. Some sites work. Some don't — their menu is locked inside a picture or a tool we can't read. If a link doesn't work, a photo almost always does.

 Listen

? What if it doesn't work?

Back

Read this menu →

Thirsty Fellow

In plain words

 Read everything

Tap  **Order this** next to any item to say it out loud for the server.
Turn your phone's volume up first.



Pizza

Small Pizza

\$11.25

Stone-fired pizza. Choose red or white base, up to 4 toppings, and finishing oil.

 Order this

 Listen

[What's in it?](#)

Medium Pizza

\$16.25

Stone-fired pizza. Choose red or white base, up to 4 toppings, and finishing oil.

 Order this

 Listen

[What's in it?](#)

Want to Start an Aphasia Group? You Can!



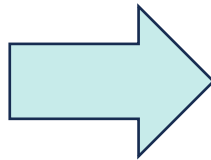
We've made it easier to get started!

Creating Connection: A Guide to Starting an Aphasia Group.

This easy-to-use guide walks you through the process, including:

- choosing the type of group you want to create
- finding a meeting space
- reaching potential members
- making meetings aphasia-friendly
- planning your first meeting
- finding activity ideas
- handling common challenges
- connecting with free NAA resources

There is even a simple readiness checklist at the end to help you decide when it's time to say: "We're ready. Let's do this."



And the NAA is here after you start
Once your group is established, we want to know about it!



Connect with the NAA so we can help others find you through our Provider Directory and connect you with NAA resources, awareness materials, webinars, communication tools, and the broader aphasia community.

GET STARTED →



<https://aphasia.org/wp-content/uploads/2026/08/NAA-Creating-Connection-Starting-an-Aphasia-Group.pdf>

DOWNLOAD: Creating Connection — A Guide to Starting an Aphasia Group

Questions? answers@aphasia.org

Engagement with the NAA



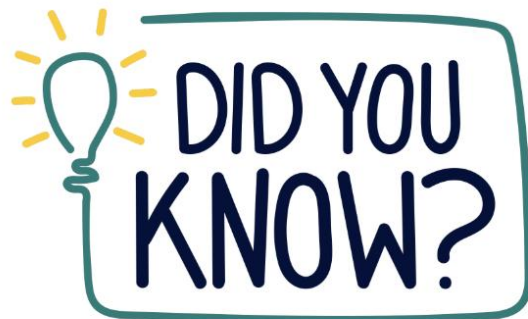
One of the most important things you can do as a NAA Ambassador is engage with posts on all of our social media platforms.



Every like, share, comment, poll response, website visit, and share of a blog post or resource helps support the organization, spread awareness, and reach more people.

Your engagement helps the NAA do more for you!





Supporting Aphasia Events & Community Programs

As part of our strategic commitment to growing public awareness, the National Aphasia Association supports **community-based programs, events, or conferences** that align with our mission. This may include limited financial sponsorship or in-kind support such as **materials, awareness swag, or amplification through our channels.**

[Submit a Request](#)



JOIN THE NAA AMBASSADOR PROGRAM!

Ambassadors are individuals with aphasia, care partners, professionals, students, and allies.

We are united in the mission to raise awareness and to offer hope.

"My husband has aphasia- I want to help others like him."

"Most people don't know what it is. I want to change that."

"Never give up, you can get better."

"I want others to know that they are not alone."

"I use my podcast to spread awareness and hope."

"As a future SLP, I want to help beyond the clinic."



Explore the NAA Programs and Events Calendar!

Home > Resources & Support > [Events Calendar](#)

21	22	23	24	25	26	27
7:30 pm - 8:30 pm PPA / PPAOS Care Partner Support Group	12:00 pm - 1:00 pm Conversations that Connect - Training 1:30 pm - 2:30 pm Younger Onset PPA/PPAOS Support Group 6:00 pm - 7:00 pm PPA / PPAOS		11:00 am - 11:45 am Introduction to Mindfulness Meditation for People with Aphasia	12:30 pm - 4:45 pm Speaking Out Conference 2026 2:30 pm - 3:30 pm PPA/PPAOS Chat		



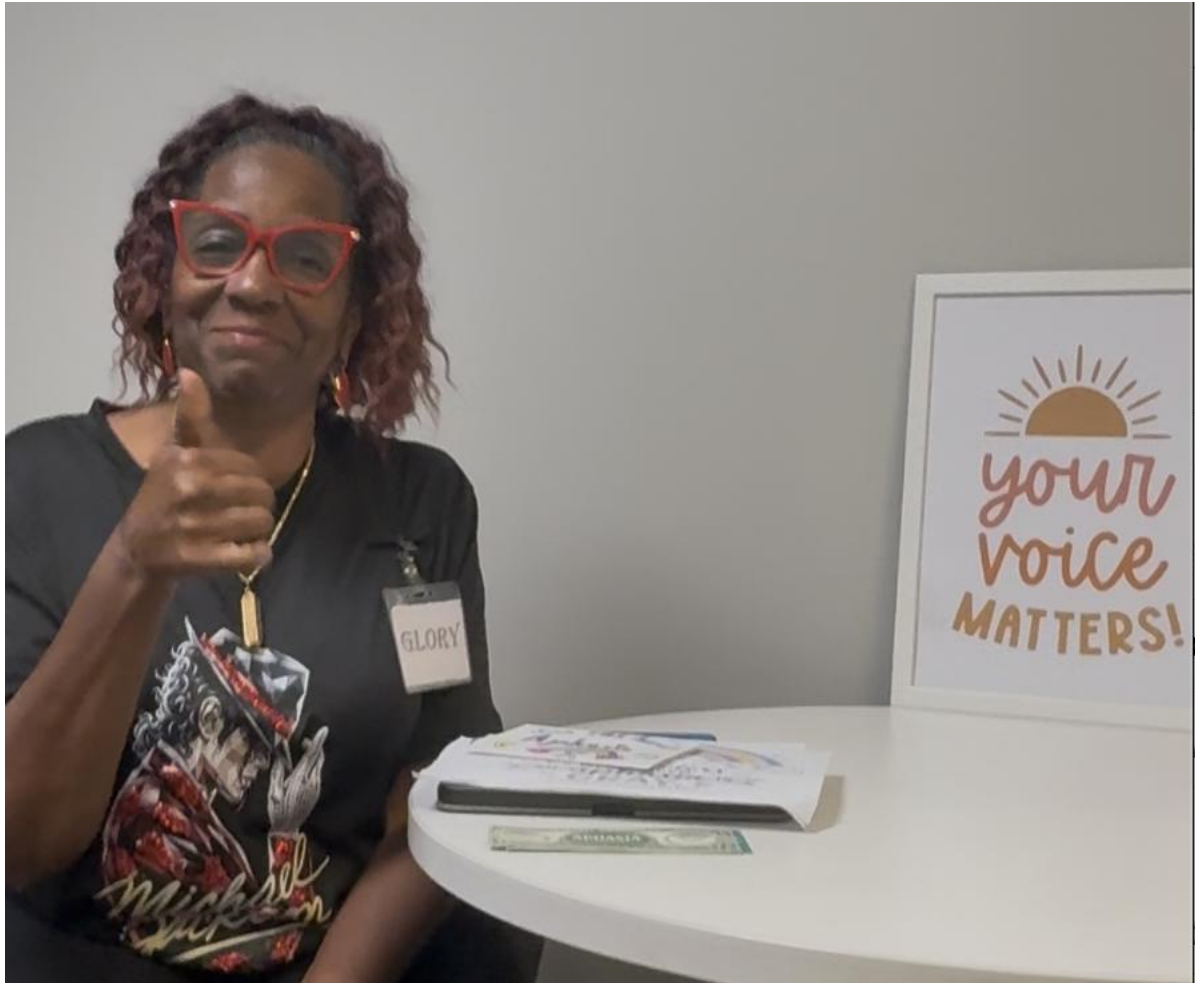
Be The Voice That Spreads Awareness.

LEARN MORE

<https://aphasia.org/naa-ambassador-program/>



Up next! Meet Glory Nesmith Gresham



- Inspiring Aphasia Advocate
- Member of the Brooks Rehabilitation Aphasia Center in Jacksonville, FL
- Vocal Champion of speech awareness