



SPEAKING OUT 2026

From Awareness to Action

For People with Aphasia. By People with Aphasia.

NATIONAL APHASIA ASSOCIATION

Post-Conference Packet

Advocacy Resources

INDIVIDUAL ADVOCACY

Advocate for yourself

COMMUNITY ADVOCACY

Speak out for aphasia

Advocacy can happen in many ways.

Speak up for your needs. Share your story.

Teach someone about aphasia. Take action in your community.

KEEP SPEAKING OUT. KEEP TAKING ACTION.

Watch the Speaking Out 2026 Recordings

View all conference recordings on YouTube

HOW TO USE THIS PACKET

The resources in this packet are clickable.

LOOK FOR **GREEN** RESOURCE NAMES

Speaking Out 2026 Recordings

Example: click on Speaking Out 2026 Recordings

3 EASY STEPS

1 FIND

Find a resource you want.

2 CLICK

Click a **green** resource name.

3 EXPLORE

The resource will open on your device.

ALL GREEN RESOURCE NAMES ARE CLICKABLE

NEED HELP?

If a link does not open or you need help finding a resource:

answers@aphasia.org | aphasia.org

INDIVIDUAL ADVOCACY

Advocate for Yourself

Tools to help you communicate, speak up for your needs, share your story, and stay connected.

Learn About & Explain Aphasia



Clear information can help you explain aphasia to other people.

Aphasia Guide - English

Aphasia Guide - Spanish

The ABCs of Aphasia

Tell Your Story



Your experience matters. These tools can help you share it.

What Is Aphasia? Voices from the Aphasia Community

Create your own What Is Aphasia? script

Living With Aphasia

Communicate Your Needs



Use tools to help other people understand and support your communication.

NAA Aphasia ID Cards

Everyday Living Guides

Tools & Technology



Explore tools that may make communication and everyday activities easier.

NAA Tools & Technology

Technology and Supports for Aphasia

PlainPlate

Proloquo2Go

INDIVIDUAL ADVOCACY

Support Your Well-Being



Resources shared during Speaking Out for mindfulness, stress management, and well-being.

Mindfulness & Meditation for People with Aphasia

Stress Management - American Stroke Association

Three Good Things

Connect With Others



Find people, programs, events, and opportunities in the aphasia community.

NAA Community Hub

NAA Events Calendar

WEAR APHASIA. START A CONVERSATION.

Speaking Out registrants save 10% in the NAA Aphasia Marketplace.

CODE: SO2026

Shop the NAA Aphasia Marketplace

COMMUNITY ADVOCACY

Speak Out for Aphasia

Tools to help you teach others, raise awareness, and create change in your community.

Teach Others About Aphasia



Use clear information and stories when talking with healthcare teams, businesses, schools, groups, or your community.

[Aphasia Guide - English](#)

[Aphasia Guide - Spanish](#)

[The ABCs of Aphasia](#)

Share Aphasia Stories



Stories can help other people understand what living with aphasia is like.

[Voices from the Aphasia Community](#)

[Living With Aphasia](#)

[When Words Don't Come Easy Podcast](#)

Help Others Understand



An aphasia simulation can help people experience communication barriers and learn more.

[Voices of Hope for Aphasia - Simulation](#)

Become an NAA Ambassador



Raise awareness and strengthen the aphasia community.

[NAA Ambassador Program](#)

[Ambassador Engagement Menu](#)

[Apply to Become an Ambassador](#)

COMMUNITY ADVOCACY

Take action in your community



Raise Awareness

Take part in NAA awareness efforts and find more ways to get involved.

[Aphasia Awareness Month](#)

[How to Get Involved with the NAA](#)



Build Community

Start a group or connect with other people in the aphasia community.

[Guide to Starting an Aphasia Group](#)

[NAA Community Hub](#)

[NAA Events Calendar](#)



Share What Is Happening

Tell the NAA about an aphasia event or see what other communities are doing.

[Our Aphasia Community](#)



Ask for Support

Request NAA donation or sponsorship support for an eligible community activity.

[Donation & Sponsorship Request Form](#)

COMMUNITY ADVOCACY

Community Resources

Explore programs, groups, stories, and resources shared during the conference.

These resources were shared by members of the aphasia community.



Gray Matter Lab



**Brooks Rehabilitation
Aphasia Center**



Poems in Speech



**BU Aphasia Community
Group**



**Walking Together: The
NAA, Aphasia and Me**



**Living With Aphasia -
Boston University**



PACT - Temple University



**Afasia - Universidad de los
Andes**



**Aphasia Recovery
Connection**



**Mid-Atlantic Aphasia
Conference**

MY NEXT STEP IS...

Choose one action. Fill in the blank.



I will tell _____
about aphasia.



I will ask for
_____.



I will share my
story with _____.



I will join _____.

ONE SMALL STEP CAN START SOMETHING BIG.

Use the resources in this packet to help you take your next step.

Speaking Out 2026 Feedback Form

Need help finding a resource?

answers@aphasia.org

aphasia.org